



TIME ALONE WITH GOD

We have been learning that the way to build our relationship with God is to spend time talking and listening to him. A good way to begin doing this is to have a time each day to pray and read the Bible. Usually we call this our 'quiet time' or 'personal devotions'.

Let's have a devotion together to help you know how to spend your time alone with God.

1. WORSHIP – LOVING GOD

When the disciples asked Jesus to teach them how to pray he told them to come into God's presence with praise and thanksgiving. So we will begin by doing that.

🎵 What are the ways we can express our praise and thanks to God? Discuss.

🗣️ One way we can do this is by reading a Psalm. Let's read **Psalm 145:1-7** together.

2. BIBLE READING – LISTENING TO GOD

When you spend time with God there is no fixed way it must be done. You can pray first or read your Bible. We will read God's Word now and ask Him to speak to us.

📖 Bible reading: **Luke 5:1-11** or **John 12:1-11**

What to do:

1. Read through the verses together.
2. Read these verses again by your self very slowly.
3. Think about the words.
4. Ask yourself questions like:
 - ▶ Is there something I can learn?
 - ▶ Is there an example I can follow?
 - ▶ Is there a warning I need to think about?
5. Choose a verse that you like, or that you feel 'speaks' to you.



🗣️ Share with one another the verse you like. What do you think God is saying to you from this story?

🙏 Spend a few minutes praying silently about what God has said to you.

It is good to think about what God has said to you during the day. God said to Joshua: "Study this book of the law continually. Meditate on it day and night so you may be sure to obey all that is written in it. Only then you will succeed." Joshua 1:8

🗣️ What are some of the ways you remembered your notes when you were studying at school?

You may find it helpful to use these ways to remember the verses you liked. Some people keep a notebook with their Bible and write the verses in it. Probably the best way to remember God's Word is to memorize it. It is good to memorize verses so the Holy Spirit can remind you of them at any time you need them.



3. PRAYER – TALKING TO GOD

When Jesus taught his disciples to pray he told them to ask that the will of God would be done on earth. This means we are to pray for God's will to be done in our nation, in the Church and in our family. Sometimes the Holy Spirit will give us a burden or concern for someone so that we will pray for them. At other times we may not feel a burden but we are still to pray for others.

💡 Is there anyone or anything you are concerned about right now?
Are there other things that you think are important for us to pray about right now?

💬 Pray together for the things you have shared.

Remember the word 'J O Y' which reminds us:

J – Jesus first
O – Others second
Y – Yourself last

💡 Can you remember the 3 areas that Jesus told us to pray for ourselves?
See Matthew 6:11-13

💡 Share your own prayer need.

💬 Pray for one another now.

We have had a quiet time or devotion together. This is how you can spend time alone with God. If you have not begun to have a quiet time yet, find a time that is suitable for you, and begin tomorrow. When you do this it will help you grow in your relationship with God and give you the strength to live for Him each day.

Memory Verse

“Happy are those who listen to me, watching for me daily at my gates, waiting for me outside my home.”

Proverbs 8:34