HEALTH & HEALING





Introduction

Sickness is everywhere! We read of heart disease and cancer, malaria and AIDS, taking the lives of millions of people every year. Where does sickness come from? We need to understand the source to help us pray more effectively and stand against it in our lives and the lives of others.

A. The Source of Sickness

How did God describe His creation? Genesis 1:31

All that God created was good – it was perfect. However when sin entered the world, pain and sickness also entered. This was part of the curse that came upon mankind as a result of sin.

- What curses come upon our lives as a result of sin? Genesis 3:16, Deuteronomy 28:21-22, 60-61
- Who is the source of sickness, according to John 10:10 and Acts 10:38?

We have learnt that God heals, and yet sometimes when people are prayed for we don't see the answer. Why is this? We do not always know, but there is one reason that we see in God's Word.

B. Sin Opens the Door to Sickness

God had promised the Children of Israel that sickness would not come upon them if they listened to His voice. However there were times when they turned from Him and sickness came as a result. Let's look at one of those incidents. It is found in Numbers 16. The people of Korah and 250 other leaders objected to Moses being their leader. God dealt with this rebellion but then the rest of the people began to complain. Read Numbers 16:41-50

Why did God allow this plague to come upon His people, and what had to be done so it would stop?
What can we learn from this?

Let's look at an example in the New Testament now. In the church in Thyatira there was a woman who professed to be spiritual, but she was living in sin. Revelation 2:20-23

What judgment was about to come on this woman? Could she have escaped this? What does it show us about God?

God has made a wonderful provision for us through Christ's death on the cross. In Isaiah 53 it says, "He (Jesus) was pierced for our transgressions ... and by His wounds we are healed." Whenever we take the Lord's Supper we can receive the benefits of what has been done for us on the cross.

- Why did Paul say there were many in the church that were weak, sick and had even died? 1 Corinthians
 11:27, 29 What must we do before we take the Lord's Supper and why? v28, 31, 32
- ☐ God has also made another provision for us if we are in need of healing. Who are we to call, and why is it important that we confess our sins to one another? James 5:14-16



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