

# LIVING VICTORIOUSLY

## 2. Over Disappointment



### Introduction

Have you ever been disappointed by friends or family members who let you down? We have probably all experienced times of disappointment when others did not live up to our expectations, especially when that person is someone we look up to. Joseph was a man who faced many disappointments in his life, and yet he overcame these, and saw God's hand even in the most difficult situation.

- ☒ Look at the following situations in the life of Joseph. How do you think he felt at that time? What good came out of these disappointing experiences?

Genesis 37:4-5  
Genesis 37:23-28  
Genesis 39:17-20  
Genesis 40:12-15, 23

- ☒ Each time Joseph faced disappointment and hurt God used it for his purposes. What testimony was Joseph ultimately able to give? Genesis 45:5-8, 50:20
- ☒ Disappointments and hurts are inevitable while we live here on earth. However what is important is the way we handle them. How do you cope with hurts and disappointments?

Perhaps there are times when you have handled hurts and disappointments in the right way, but perhaps at other times you haven't done so well! When we leave these in our hearts it can affect our relationships with others and also with God.

Here are some suggestions to help us overcome disappointments in our life:-

- Bring your hurt and disappointment to the Lord in prayer. See 1 Peter 5:7
- Forgive the person who has hurt or disappointed you. Matthew 6:14, 18:21-22
- Ask God to heal your inner being and set you free.
- Humbly ask God to teach you through this situation and change you.
- Thank God that he is in control.

- ☒ Is there anyone here who is struggling with hurt or disappointment at this time? We all face these so we don't need to be ashamed, but God does not want us to be bound by these, he wants us to live in victory. Share and pray for one another.

### **Reality Check**

How are you reacting to disappointments?

### Conclusion

Joseph faced many hurtful and disappointing situations. His older brothers hated him and tried to get rid of him, his employer falsely accused him and put him in prison. Even a fellow prisoner who he helped, let him down! He must have struggled with the same emotions we do, and yet he chose to forgive those who had hurt him, and in so doing he overcame the circumstances in his life and rose to be the Prime Minister of Egypt. Don't allow hurts and disappointments to hinder you from all God has for your life. You may not become a Prime Minister but God has a plan for your life too!